



# Adult Soccer Tournaments

## Tournament Rules

Revised 11/30/11

### Team Rules

Players must be 16 or older to play on Adult Open teams; players must be 30 or older to play on Over-30 teams.  
All players must be prepared to show proof of age to referee or tournament officials.  
Roster Max is 14  
Teams must register 30 minutes before the start of their first game.  
Home team must resolve jersey color. Visitors have ball. Home team listed on left of schedule  
A player may play for only 1 team per division.

### Ground Rules

NO CLEATS: Turf shoes or flats/sneakers only  
NO SPITTING  
Only Coaches & Players of the games in progress allowed on the TURF SURFACE.  
Offside will NOT be whistled  
Slide tackling is prohibited, Restart is Indirect free kick.  
Free kicks are awarded subject to FIFA Rules.  
On free kicks opposing player must be 5 yards away from ball.  
Balls over the touchline are THROWN IN.

### General Rules

Unless noted within these rules, FIFA rules apply.  
Decision of ref is final. No Protests.  
No outside food or drink may be brought into the facility  
No Jewelry allowed. No hard casts allowed.  
Games will be 28 minutes long with 1 minute in between games. Games start & end with central horn.  
Teams must be ready to take the fields immediately at the conclusion of the prior match.  
No stoppage of time, or time added on for any reason.  
6 vs 6 play (5 + Keeper)  
Co-Ed play: A minimum of 3 females on the field at all times

### Substitutions

Substitutions will be on the fly.  
Goalkeeper substitution made with acknowledgement of ref

### Goalkeeper Rules

**Goal Kicks, Drop Kicks, Goal keeper release:( Punts & Throws) MUST touch a Player or the field before crossing Halfway line.**  
**Restart will be an Indirect free kick from center spot for opposing team.**

### Disciplinary Actions

A red card will result in automatic elimination from tournament.  
Two yellow cards in same game equal a red card.  
Three yellow cards cumulative per team will result in 3 point reduction in standings.  
Failure to have your team on the field at start of match will result in a forfeit recorded as a 1-0 loss.

### Scoring

3 points for a win  
2 points for tie with goals  
1 point for a 0-0 tie  
0 points for a loss

Standings Tiebreakers:  
Head to Head ( Except if a 3 way tie)  
Fewest Goals Allowed  
Most Goals Scored  
Most shut outs  
Coin toss

The Tournament Director reserves the right to establish guidelines for any and all rules or infractions not covered in the tournament rules and to refuse participation to any individual or coach if they do not obey the rules and regulations and keep within the spirit of sportsmanship.

These rules are intended to create a balance of play; to create an atmosphere of sportsmanship and fair play; and to emphasize cleverness and skill without limiting freedom of individuals or team play. It is important to know the intent and purpose of a rule so that it may be intelligently applied in each play situation. A player or team should not be permitted an advantage which is not intended

by a rule. Play will not be permitted to develop which may lead to placing a player at a disadvantage not intended by a rule.